

We are... a grassroots movement of parents, guardians, educators and health professionals who support and bring awareness to the **benefits of delaying smartphones and social media for our tamariki and rangatahi.**

The rebellious looking sheep in sunnies is our mascot chosen because when this movement began in early 2024 we felt like we were going against the herd, and we were the rebel sheep.

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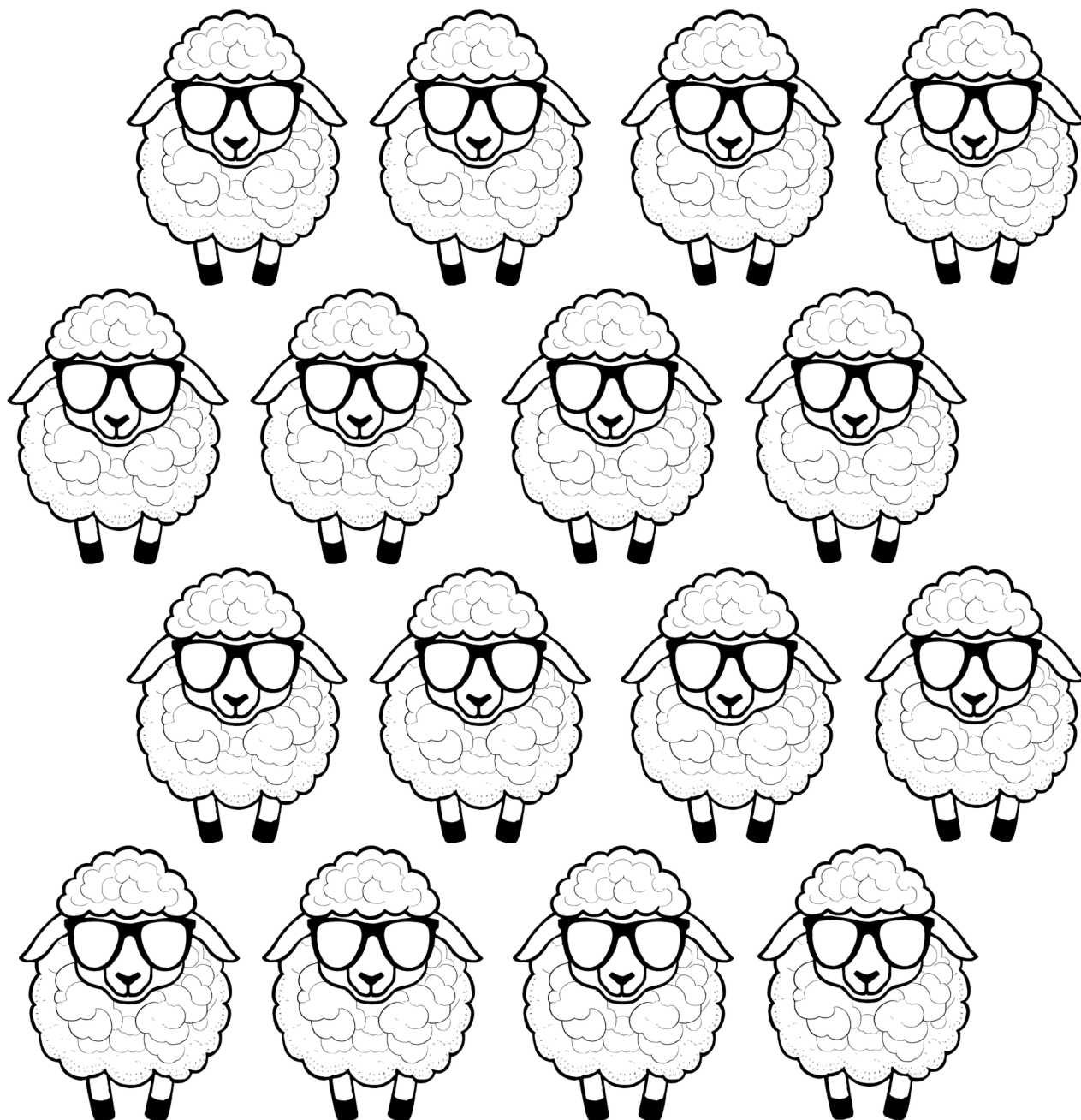


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